



PENDARVES

Premium Wines from the Wine Doctor

Medicinal Benefits of Wine in Moderation

Current Research & Thinking

This list is to show that there are many other health benefits from consuming wine in moderation besides those relating to the circulatory system.

1. Reduction of Vascular Disease (due to greatly improved blood flow) resulting in:
 - Reduced Coronary Heart Disease
 - Reduced Ischaemic Stroke
 - Reduced Deep Vein Thrombosis
 - Reduced Osteoporosis
 - Increased Intellect in the Elderly
 - Reduced Macular Degeneration (a common cause of blindness)
 - Reduced Renal Failure (50% of renal failure is due to vascular disease)
2. Tonic – wine contains many substances including most vitamins, minerals and trace elements
3. Fat and cholesterol free source of carbohydrate
4. Reduced cancer
5. Reduced blood pressure
6. Antiseptic due to alcohol and more importantly polyphenols
7. Increases morale and appetite – nursing home and hospital patients
8. Wine contains Quercetin, Resveratrol and Epicatechin which are potent anti-oxidants and also act as anti-carcinogens
9. Reduction in colds
10. Diabetes – dry wine only alcoholic drink that is allowed with diabetes as all the sugar has been converted to alcohol and reduced insulin resistance
11. Reduced gallstones
12. Reduced kidney stones

International Sales Office
Pendarves REW Pty Ltd
The Resveratrol Enhanced Wine Company
The Barn, Corby Glen,
Grantham, Lincolnshire NG33 4NJ
Tel: 01476 55 29 55 **Fax:** 01476 55 07 77
E Mail: tony@pendarvesrew.com
Web: www.pendarvesrew.com



PENDARVES

Premium Wines from the Wine Doctor

13. Reduced Alzheimer's disease
14. Reduced Parkinson's disease
15. Improved digestion
16. Reduced H. Pylori infection of the stomach and duodenum leading to reduced ulcers
17. Improved physical condition of the elderly
18. Reduced Hepatitis A
19. Reduced stress and depression

International Sales Office
Pendarves REW Pty Ltd
The Resveratrol Enhanced Wine Company
The Barn, Corby Glen,
Grantham, Lincolnshire NG33 4NJ
Tel: 01476 55 29 55 **Fax:** 01476 55 07 77
E Mail: tony@pendarvesrew.com
Web: www.pendarvesrew.com